

## OPIOID AGONIST ACTIVITY OF $\beta$ -LIPOTROPIN FRAGMENTS: A POSSIBLE BIOLOGICAL SOURCE OF MORPHINE-LIKE SUBSTANCES IN THE PITUITARY

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### 1. Introduction

An endogenous peptide with opioid agonist activity, termed enkephalin, has been isolated from the porcine brain [1], and more recently the primary structure of this pentapeptide has been elucidated: H-Tyr-Gly-Gly-Phe-Met<sup>Leu</sup>-OH [2]. Hughes et al. [2] pointed out that the complete sequence of the major form of enkephalin, Met-enkephalin, is contained in the primary structure of pituitary  $\beta$ -lipotropin between amino acid residues 61–65 [3–5]. This sequence overlap raises the possibility that  $\beta$ -lipotropin may be the biological precursor of enkephalin and/or other pituitary peptides with morphine-like activity. As an approach to this question the possible microheterogeneity of porcine  $\beta$ -lipotropin at sequence position 65, and the opiate agonist activities of  $\beta$ -lipotropin and some fragments of the hormone obtained by enzymic cleavages were investigated. The results of these studies are reported in this paper.

### 2. Experimental

#### 2.1. Preparation and characterization of $\beta$ -lipotropin and $\beta$ -lipotropin fragments

Porcine  $\beta$ -lipotropin was isolated by a procedure described previously [6]. Prior to biological measure-

ments our preparation was subjected to chromatography on a Bio-Gel P-6 column in 10% acetic acid. Tryptic digestion was carried out in 0.05 M  $\text{NH}_4\text{HCO}_3$ , pH 8.0 with an enzyme to peptide ratio of 1:50 (w/w) at 37°C for 2 h. Isolation of the tryptic fragment from residues 61–69 of the  $\beta$ -lipotropin sequence (LPH-(61–69)-peptide) was performed by preparative high voltage paper electrophoresis at pH 6.5 and subsequently at pH 2.0 [4]. The amino acid composition of a complete aminopeptidase M hydrolysate from LPH-(61–69)-peptide was as follows. Lys<sub>1.0</sub>, MeSO<sub>0.2</sub>, Thr<sub>1.0</sub>, Ser<sub>0.9</sub>, Glu<sub>1.0</sub>, Gly<sub>1.9</sub>, Met<sub>0.8</sub>, Tyr<sub>0.9</sub>, Phe<sub>1.0</sub>. This composition is in agreement with that derived from the sequence proposed for this region of the lipotropin molecule: Tyr-Gly-Gly-Phe-Met-Thr-Ser-Glu-Lys [3–5]. It is worth mentioning that no trace of leucine could be detected in LPH-(61–69)-peptide.

Specific cleavage of the Lys-Ser bond at sequence positions 69–70 of  $\beta$ -lipotropin by a homogenate of fresh pituitary glands, and the isolation of the large  $\text{NH}_2$ -terminal fragment (LPH-(1–69)-peptide) is published elsewhere.

#### 2.2. Synthesis of Met-enkephalin

Boc-Tyr-Gly-Gly and Phe-Met-OMe were condensed by EEDQ to obtain the protected pentapeptide ester, I. Boc group of I was removed by EtOAc/HCl to yield Met-enkephalin methyl ester (m.p. 140–143°C with decomposition,  $R_f$  0.52–0.57\*). Saponification of I led to Boc-Tyr-Gly-Gly-Phe-Met, II (crystallized from ethyl acetate, m.p. 149–151°C with decomposition,  $R_f$  0.59–0.64).

Deblocking of II by EtOAc/HCl gave Met-enkephalin hydrochloride (m.p. 139–142°C,  $R_f$  0.29–0.34,

*Abbreviations:* LPH, lipotropic hormone (lipotropin); Boc, *t*-Butyloxycarbonyl; EEDQ, ethyloxycarbonyl-2-ethyloxy-1,2-dihydroquinoline; EtOAc, ethyl acetate.

\* $R_f$  values were obtained in thin-layer chromatography using an ethyl acetate-pyridine-acetic acid-water (60:20:6:11) system.

$[\alpha]_D^{20} + 18^\circ$ ,  $c = 1$ , in 1 M acetic acid). Amino acid analysis of Met-enkephalin after digestion with amino-peptidase M gave the following result: Gly<sub>2.0</sub>, Met<sub>0.8</sub>, Tyr<sub>1.0</sub>, Phe<sub>1.0</sub>.

### 2.3. Bioassay

The presence or absence of opioid agonist activity as well as the relative agonist potencies of different peptide fragments were determined on longitudinal muscle strip of guinea-pig ileum. It has been shown [7] that opiate receptors of the above muscle preparation, in their drug-binding properties, show close similarities to those of the opiate receptors in the central nervous system which may be involved in analgesic action of morphine-like drugs.

The longitudinal muscle strip of guinea-pig ileum was prepared as described in Paton and Vizi [8]. The experiments were carried out in Krebs' solution bubbled with 5% CO<sub>2</sub> in oxygen at 37°C. The composition of the Krebs solution was as follows (in mM): NaCl 118; NaHCO<sub>3</sub> 25; glucose 11.5; KCl 4.7; KH<sub>2</sub>PO<sub>4</sub> 1.2; CaCl<sub>2</sub> 2.5 and MgSO<sub>4</sub> 1.2. Field electrical stimulation [8] was used by means of platinum wire or ring electrodes. The parameters of the stimulation applied were following: supramaximal (1.5 times the maximal voltage) rectangular stimuli of 1 msec duration delivered at a rate of 0.1 Hz. For the simultaneous measurement of agonist and antagonist activity, the method of Kosterlitz and Watt [9] was used.

### 3. Results

Highly purified  $\beta$ -lipotropin and LPH-(1-69)-peptide proved to be inactive as opioid agonist in longitudinal muscle strip of guinea-pig ileum at concentrations as high as  $1.6 \times 10^{-6}$  M and  $8 \times 10^{-7}$  M, respectively. However, tryptic digestion of both polypeptides led to the appearance of agonist activity as it is demonstrated for  $\beta$ -lipotropin in fig.1. The agonist activities of the tryptic digests were found to be 2-8 times less than that of normorphine or Met-enkephalin.

Considering that the Met-enkephalin sequence is contained between residues 61-65 of the  $\beta$ -lipotropin structure [2], theoretically the LPH-(61-69)-peptide could account for the morphine-like activity of the tryptic hydrolysates. Indeed, highly purified LPH-

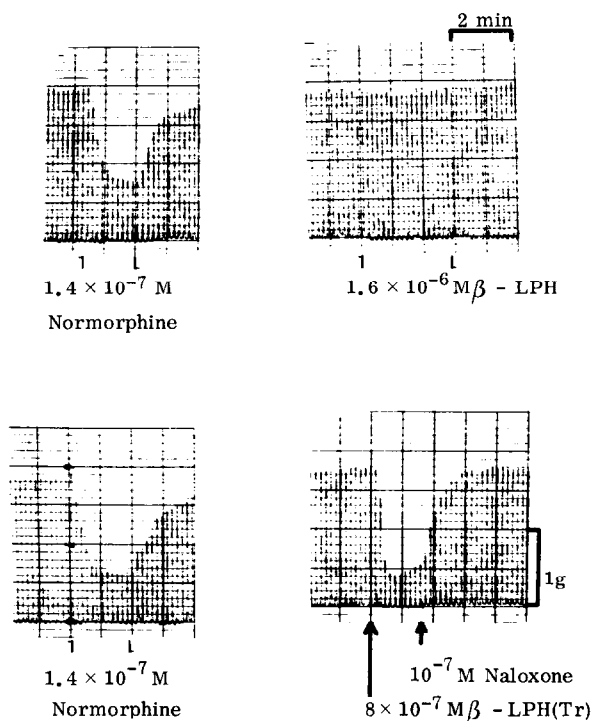


Fig.1. The depressant effects of normorphine,  $\beta$ -lipotropin ( $\beta$ -LPH) and a tryptic digest of  $\beta$ -lipotropin ( $\beta$ -LPH (Tr)) on the electrically induced contractions of longitudinal muscle strip from guinea-pig ileum.

Table 1  
Relative agonist potencies of the peptides studied

Compound	Agonist potency ratios (relative to normorphine)	
Normorphine	1	(n = 8)
$\beta$ -lipotropin	— <sup>a</sup>	
LPH-(1-69)-peptide	— <sup>b</sup>	
LPH-(61-69)-peptide <sup>c</sup>	$0.4 \pm 0.05$	(n = 4) <sup>d</sup>
Met-enkephalin <sup>c</sup>	$0.9 \pm 0.2$	(n = 4) <sup>d</sup>

<sup>a</sup> Highest dose tested:  $1.6 \times 10^{-6}$  M.

<sup>b</sup> Highest dose tested:  $8.0 \times 10^{-7}$  M.

<sup>c</sup> Concentration of the peptides was determined spectrophotometrically.

<sup>d</sup> Mean  $\pm$  SEM values are listed, the number of experiments are in parentheses. For the difference between LPH-(61-69)-peptide and normorphine  $p < 0.02$ . The difference between Met-enkephalin and normorphine is not significant.

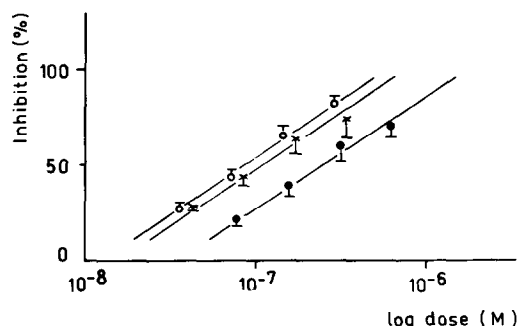


Fig. 2. Dose-response curves for normorphine (○), synthetic Met-enkephalin (×) and LPH-(61-69)-peptide (●).

(61-69)-peptide was found to possess an agonist potency 2.5 times weaker than that of normorphine. The relative agonist potencies of the peptides studied are listed in table 1. The dose-response curves for the active peptides, Met-enkephalin and LPH-(61-69)-peptide, were parallel to that of normorphine (fig. 2). The potency ratio obtained for normorphine: Met-enkephalin shows fair agreement with the results of Hughes et al. [2].

The inhibitory effect of peptides, tested at a depression of 70-90% could be completely antagonized by  $10^{-7}$  M naloxone.

#### 4. Discussion

The above data give some useful information on the structure-activity relationship in enkephalin. The fact that LPH-(61-69)-peptide shows comparable opiate agonist potency with that of enkephalin in guinea-pig ileum suggests that the free carboxyl group of methionine is not necessary for the morphine-like action. To support this assumption synthetic Met-enkephalin methyl ester gave identical biological response with that of Met-enkephalin as tested in a preliminary experiment. The COOH-terminal tetrapeptide portion of LPH-(61-69)-peptide however, seems to moderate the biological potency of the peptide as compared to that of Met-enkephalin (fig. 2, table 1). As to the lack of significant opioid properties of intact  $\beta$ -lipotropin and LPH-(1-69)-peptide, it may be speculated that the large  $\text{NH}_2$ -terminal portion of these polypeptides sterically

hinders the opiate receptor-active site interaction.

The fact that only methionine was found at sequence position 65 of porcine  $\beta$ -lipotropin is inconsistent with the assumption that pituitary  $\beta$ -lipotropin may be the sole biological precursor of brain enkephalin. Porcine enkephalin has been shown to contain a mixture of methionine and leucine at the corresponding sequence position [2].

On the other hand,  $\beta$ -lipotropin may be one of the sources of pituitary substances with opiate agonist activity\*. Tryptic digestion of  $\beta$ -lipotropin provides a reasonable model for the release of such a peptide. In fact, pituitary has been known to be rich in trypsin-like enzymes [11]. Whether or not such a cleavage mechanism really operates and has a physiological role in the pituitary, are open questions. It is tempting to speculate however, that LPH-(1-69)-peptide obtained by incubation of  $\beta$ -lipotropin with pituitary homogenate, might be a common intermediary precursor for both  $\beta$ -melanotropin and an enkephalin-like peptide.

In preliminary experiments the *in vivo* analgesic activity of some of the above peptides have been investigated. The peptides were administered intracerebroventricularly, and the pain threshold was measured by the 'tail-flick' method in rats [12]. Morphine in a dose of 20  $\mu\text{g}$  per animal caused a strong analgesic effect, whereas Met-enkephalin and the tryptic digest of porcine  $\beta$ -lipotropin in equimolar dose were found to be practically inactive. Surprisingly, intact  $\beta$ -lipotropin in equimolar dose showed a considerable efficacy. To our present knowledge this is the first observation on the *in vivo* analgesic activity of a natural polypeptide.

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\*Goldstein and co-workers [10] have also detected a peptide with opioid activity in bovine and porcine pituitary, but the trypsin sensitivity of this material differentiates it from a lipotropin fragment.

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